



Wellbeing and Mental Health KS1 & KS2

Aug-20

Title	Author	Level	
Sweep	Greig, Louise	KS1	Anger
The Savage	Almond, David	KS2	Anger
Silly Billy	Browne, Anthony	KS1	Anxiety
What if....?	Browne, Anthony	KS1	Anxiety
Little mouse's big book of fears	Gravett, Emily	KS1	Anxiety
All birds have anxiety	Hoopman, Kathy	KS1	Anxiety
The huge bag of worries	Ironside, Virginia	KS1	Anxiety
Gobblechops	Laird, Elizabeth	KS1	Anxiety
Thank goodness for Bob	Morgan, Matthew	KS1	Anxiety
The I'm not scared book	Parr, Todd	KS1	Anxiety
Ruby's worry	Percival, Tom	KS1	Anxiety
Snoot	Puttock, Simon	KS1	Anxiety
Freya's funny feeling	Quddus, Sam	KS1	Anxiety
Pilar's worries	Sanchez, Victoria M.	KS1	Anxiety
Morris and the bundle of worries	Seeney, Jill	KS1	Anxiety
A safe place for Rufus	Seeney, Jill	KS1	Anxiety
Teenie Weenie in a too big World	Sunderland, Margot	KS1	Anxiety
Willy and the wobbly house	Sunderland, Margot	KS1	Anxiety
Don't think about purple elephants	Whelan, Susan	KS1	Anxiety
Dog ears	Booth, Anne	KS2	Anxiety
Born scared	Brooks, Kevin	KS2	Anxiety
What to do when you worry too much	Heubner, Dawn	KS2	Anxiety
White Lies, Black Dare	Nadin, Joanna	KS2	Anxiety
Owen and the soldier	Thompson, Lisa	KS2	Anxiety
Me and my fear	Sanna, Francesca	KS1	Anxiety/anger
'All the Things that Could Go Wrong'	Foster, Stewart	KS2	Anxiety/bullying
Dandelion Clocks	Westcott, Rebecca	KS2	Anxiety/bullying/Aspergers
Charlie Star	Milne, Terry	KS1	Anxiety/OCD
The cloud	Cumming, Hannah	KS1	Bad mood
Pom Pom gets the grumps	Henn, Sophy	KS1	Bad mood
Grandpa	Burningham, John	KS1	Bereavement
Come back, Grandma	Limb, Sue	KS1	Bereavement

Mum's jumper	Perkin, Jayde	KS1	Bereavement
Emma's cat dies	Snell, Nigel	KS1	Bereavement
Badger's parting gifts	Varley, Susan	KS1	Bereavement
Harry and Hopper	Wild, Margaret	KS1	Bereavement
Slog's Dad	Almond, David	KS2/Graphic novel	Bereavement
Millions	Boyce, Frank Cottrill	KS2	Bereavement
Grandad's Island	Davies, Benji	KS1	Bereavement
Duck, death and the tulip	Erlbruch, Wolf	KS2 pic book	Bereavement - animal
Heaven	Allan, Nicholas	KS1	Bereavement - animal
Always and Forever	Durant, Alan	KS1	Bereavement - animal
Goodbye Mog	Kerr, Judith	KS1	Bereavement - animal
Goodbye Grandma	Walsh, Melanie	KS1	Bereavement - NF
Death - what's happening	Byrant-Mole, Karen	KS2	Bereavement - NF
Is Daddy coming back in a minute?	Barber, Elke	KS1	Bereavement - NF
Grandad, I'll always remember you	Bode, Anne de	KS1	Bereavement - NF
When someone dies	Hewitt, Dawn	KS1	Bereavement - NF
Let's talk about when your pet dies	Johnston, Marianne	KS1	Bereavement - NF
When people die	Lacey, Jane	KS1	Bereavement - NF
Remembering Mum	Perkins, Ginny	KS1	Bereavement - NF
Let's talk about when someone dies	Potter, Molly	KS1	Bereavement - NF
The memory tree	Teckentrup, Britta	KS1	Bereavement - NF
The pond	Davies, Nicola	KS2 pic book	Bereavement - parent
A library of lemons	Cotterill, Jo	KS2	Bereavement - parent
Clownfish	Durant, Alan	KS2	Bereavement - parent
Michael Rosen's sad book	Rosen, Michael	KS2 pic book	Bereavement - person
The Afterwards	Harrold, A.F.	KS2	Bereavement - person
Vicky Angel	Wilson, Jacqueline	KS2	Bereavement - person
The crow and the peacock	Fernihough, Jo	KS1	Body image
Jelly	Cottrill, Jo	KS2	Body image
Wonder	Palacio, R.L.	KS2	Body image/bullying
The ugly duckling	Andersen, Hans Christen	KS1	Bullying
The last chip	Beedie, Duncan	KS1	Bullying
Willy the wimp	Browne, Anthony	KS1	Bullying
Tyrannosaurus Drip	Donaldson, Julia	KS1	Bullying
Elmer and the big bird	McKee, David	KS1	Bullying
Is it because?	Ross, Tony	KS1	Bullying

How to be a lion	Vere, Ed	KS1	Bullying
Troll stinks!	Willis, Jeanne & Ross, Tony	KS1	Bullying
Cloud busting	Blackman, Malorie	KS2	Bullying
The Diddakoi	Godden, Rumer	KS2	Bullying
The song from somewhere else	Harrold, A.F. & Pinfold, Levi	KS2	Bullying
Hoot	Hiasson, Carl	KS2	Bullying
Tom Brown's school days	Hughes, Thomas	KS2	Bullying
Rook	McGowan, Anthony	KS2	Bullying
Makeover magic	McKain, Kelly	KS2	Bullying
Max and the millions	Montgomery, Ross	KS2	Bullying
Little Foxes	Morpurgo, Michael	KS2	Bullying
Wartman	Morpurgo, Michael	KS2	Bullying
Middle School 4: How I survived bullies, k	Patterson, James	KS2	Bullying
The boy at the back of the class	Rauf, Onjali Q	KS2	Bullying
The misadventures of Max Crumbly	Russell, Rachel Renee	KS2	Bullying
Holes	Sachar, Louis	KS2	Bullying
There's a boy in the girls' bathroom	Sachar, Louis	KS2	Bullying
Feather Boy	Singer, Nicky	KS2	Bullying
The boy in the dress	Walliams, David	KS2	Bullying
The fox girl and the white gazelle	Williamson, Victoria	KS2	Bullying
Bad Girls	Wilson, Jacqueline	KS2	Bullying
Cookie	Wilson, Jacqueline	KS2	Bullying
Goldfish Boy	Thompson, Lisa	KS2	Bullying/OCD
The perfect shelter	Welsh, Helen	KS1	Cancer
A story about cancer (with a happy ending)	Desjardins, India	KS2	Cancer
Two weeks with the Queen	Gleitzman, Morris	KS2	Cancer
My scary fairy Godmother	Impey, Rose	KS2	Cancer
Ways to live forever	Nicholls, Sally	KS2	Cancer
A monster calls	Ness, Patrick	KS2	Cancer/Anger/bullying
The accidental adventures of India McAllister	Agell, Charlotte	KS2	Coming out - Father
What's that in dog years?	Davies, Benji	KS2	Coping with friend's illness
Fish Boy	Daykin, Chloe	KS2	Coping with parent's illness/bullying
Mum and Dad glue	Gray, Kes	KS1	Coping with parents separation
Grandma forgets	Russell, Paul	KS1	Dementia explained

Aubrey and the terrible Yoot	Clare, Horatio	KS1	Depression
My monster and me	Hussain, Nadiya	KS1	Depression
Not today, Celeste	Stevens, Lisa	KS1	Depression
Blue	Teckentrup, Britta	KS1	Depression
My happy sad Mummy	Vasiliu, Michelle	KS1	Depression
Together things	Vasiliu, Michelle	KS1	Depression
The illustrated Mum	Wilson, Jacqueline	KS2	Depression/bipolar
The five of us	Blake, Quentin	KS2	Diversity
Llama Glamarama	Green, Simon James	KS1	Diversity
Pink is for boys	Kaban, Eva	KS1	Diversity
Elmer	McKee, David	KS1	Diversity
Along came a different	McLaughlin, Tom	KS1	Diversity
Through the eyes of me	Roberts, Jon	KS1	Diversity
Max the champion	Stockdale, Sean	KS1	Diversity
Don't call me special	Thomas, Pat	KS1	Diversity
Isaac and his amazing Asperger superpowers	Walsh, Melanie	KS1	Diversity
Something else	Cave, Kathryn	KS1	Diversity. Differences left deliberately vague
How Are You Feeling Today Baby Bear?: Exploring Big Feelings After Living in a Stormy Home	Evans, Jane	KS1	Domestic abuse
A terrible thing happened	Holmes, Margaret M.	KS1	Domestic abuse
The light jar	Thompson, Lisa	KS2	Domestic abuse
At the end of Holyrood Lane	Powell, Dimity	KS1	Domestic violence
The star outside my window	Rauf, Onjali Q	KS2	Domestic violence
Cloud Boy	Williams, Marcia	KS2	Dyspraxia/terminal illness
Dead Gorgeous	Blackman, Malorie	KS2	Eating disorder
Eat cake and run	Cottrill, Jo	KS2	Eating disorder
Girls under pressure	Wilson, Jacqueline	KS2	Eating disorder
Princess Princess ever after	O'Neill, Katie	KS2	Female same sex relationship
Murder most ladylike series	Stevens, Robin	KS2	Female same sex relationship
A storm of strawberries	Cotterill, Jo	KS2	Female same sex relationship
Can you see me?	Scott, Libby & Westcott, Rebecca	KS2	Frustrations of autistic girl
Red: a crayon's story	Hall, Michael	KS1	Gender identity
Introducing Teddy	Walton, Jessica	KS1	Gender identity
Rick	Gino, Alex	KS2	LGBTQ+
I am Jazz	Herthel, Jessica	KS1	LGBTQ+

Julian is a mermaid	Love, Jessica	KS1	LGBTQ+
It's ok to be different	Parr, Tod	KS1	LGBTQ+
The family book	Parr, Tod	KS1	LGBTQ+
This day in June	Pitman, Gayle E.	KS1	LGBTQ+
In Our Mothers' House	Polacco, Patricia	KS1	LGBTQ+
10,000 dresses	Ray, Rex	KS1	LGBTQ+
Pink!	Rickards, Lynne	KS1	LGBTQ+
Pride the story of Harvey Milk and the rainbow flag	Sanders, Rob	KS1	LGBTQ+
Mom and Mum are getting married	Settingington, Ken	KS1	LGBTQ+
A day in the life of Marion Bundo	Twiss, Jill	KS1	LGBTQ+
The Marvels	Selznick, Brian	KS2	LGBTQ+
The duke who outlawed jelly beans	Valentine, Johnny	KS2	LGBTQ+
Rent a bridesmaid	Wilson, Jacqueline	KS2	LGBTQ+
King and king	Haan, Linda de	KS1	LGBTQ+
King and king & family	Haan, Linda de	KS1	LGBTQ+
Hello Lighthouse	Blackall, Sophie	KS1	Loneliness
To Nightowl from Dogfish	Goldberg-Sloan, Holly	KS2	Male same sex relationship
Hello Sailor	Godon, Ingrid	KS1	Male same sex relationship
My Dad's a birdman	Almond, David	KS2/Graphic novel	Mental health
Scarlet Ibis	Lewis, Gill	KS2	Mental health
How not to lose it	Williamson, Anna	KS2	Mental health
Tabitha and the raincloud	Sillett, Devon	KS1	Sadness
When sadness comes to call	Eland, Eva	KS1	Sadness
Where happiness begins	Eland, Eva	KS1	Sadness
The heart and the bottle	Jeffers, Oliver	KS1	Sadness
How to light your dragon	Levy, Didier	KS1	Sadness
The Sea House	Owen, Lucy	KS2	Sadness
Josh and Jaz have three Mums	Argent, Heidi	KS1	Same sex parents - Adoption
The White Swan Express: A Story about Adoption	Okimoto, Jean Davies	KS1	Same sex parents - Adoption
Daddy, Papa and Me	Newman, Leslea	Board bk	Same sex parents - Father
Harriet gets carried away	Sima, Jessie	KS1	Same sex parents - Father
One Dad, Two Dads, Brown Dads, Blue Dads	Valentine, Johnny	KS1	Same sex parents - Father
The popularity papers	Ignatow, Amy	KS2	Same sex parents - Father
Dad David, Baba Chris and Me	Merchant, Ed	KS1	Same sex parents - Father
And Tango makes three	Parnell, Peter	KS1	Same sex parents - Father

My Daddies!	Peters, Gareth	KS1	Same sex parents - Father
Milly, Molly and different Dads	Pittar, Gill	KS1	Same sex parents - Father
Spacegirl pukes	Watson, Katy	KS1	Same sex parents - Mother
Want toast	Watson, Katy	KS1	Same sex parents - Mother
Mommy, Mama and Me	Newman, Leslea	Board bk	Same sex parents - Mother
If I had a hundred Mummies	Carter, Vanda	KS1	Same sex parents - Mother
Emma and Meesha my boy	Considine, Kaitlyn	KS1	Same sex parents - Mother
The secrets of Sam and Sam	Day, Susie	KS1	Same sex parents - Mother
Molly's family	Garden, Nancy	KS1	Same sex parents - Mother
Plenty of hugs	Manushkin, Fran	KS1	Same sex parents - Mother
Heather has 2 Mummies	Newman, Leslea	KS1	Same sex parents - Mother
The different dragon	Bryan, Jennifer	KS2	Same sex parents - Mother
Rowan the strange	Hearn, Julie	KS2	Schizophrenia
May's voice	Cheng, Wen-wen	KS1	Selective mutism
Where is my voice?	Lawrence, Tracey	KS1	Selective mutism
Can't Talk, Want to Talk!	Levett, Jo	KS1	Selective mutism
My Friend Daniel Doesn't Talk	Longo, Sharon	KS1	Selective mutism
The loudest roar	Maskell, Clair	KS1	Selective mutism
Talking is not my thing	Robbins, Rose	KS1	Selective mutism
Sputnik's guide to life on Earth	Boyce, Frank Cottrill	KS2	Selective mutism
Seaglass	Williams, Eloise	KS2	Selective mutism
The Yes	Bee, Sarah	KS1	Self belief
Emily's tic	Fleischman, Emily	KS1	Tourettes
I can't stop	Niner, Holly	KS1	Tourettes
Be who you are	Carr, Jennifer	KS1	Transgender
10,000 dresses	Ewert, Marcus	KS1	Transgender
My princess boy	Kilodavis, Cheryl	KS1	Transgender
Are you a boy or are you a girl?	Savage, Sarah	KS1	Transgender
George	Gino, Alex	KS2	Transgender
A fox called Herbert	Sturton, Margaret	KS1	Transgender/being yourself
Ava's spectacular specticles	Rex, Alice	KS1	Wearing glasses
Specs for Rex	Yasmeen Ismail	KS1	Wearing glasses
The boy in the blue glasses	Gervay, Susanna	KS1	Wearing glasses/feelings